



FOLEY SWAPS HIS BLUE FOR GREEN

CANADIAN MVP WHO HELPED LEAD THE ARGOS TO THE 2012 GREY CUP SIGNS WITH THE ROUGHRIDERS PAGE 12

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Mr. Wall goes to Washington

Man with a plan.
Premier to push energy, Keystone XL pipeline in trip to U.S., has said province is affected by pipeline-capacity issue

Premier Brad Wall will be pushing for a pipeline and promoting Canadian energy in Washington, D.C., next week.

Wall said he will be urging U.S. leaders to approve the Keystone XL pipeline, which would take bitumen from Alberta's oilsands to refineries on the Gulf Coast.

"I think it's very important for us to be engaged in the United States where people are at work; they are branding Canadian energy and Canadian oil," Wall said Tuesday.

"The second-largest exporter of oil to the United States is our province, and though we don't sell them

Keystone decision coming

U.S. Secretary of State John Kerry is expected to make the final decision on Keystone this spring.

- Kerry, who has been a climate-change crusader, was non-committal on the fate of the project during a joint news conference with Foreign Affairs Minister John Baird in Washington earlier this month.

oilsands oil, we sell them conventional oil, light sweet and medium heavy crude. We need to be there working on the branding issue, meeting with senior legislators in Washington to let them know a little bit about our province, to encourage support for Keystone."

Wall has been an outspoken supporter of TransCanada Corporation's proposed \$7-billion project.

He recently wrote a letter along with 10 U.S. governors urging U.S. President Barack Obama to approve the pipeline.

They said the pipeline is crucial for energy security and the future economic prosperity of both countries. They also said it will create thousands of jobs on both sides of the border.

Alberta's oilsands get most of the attention when it comes to the pipeline debate, but Wall has said Saskatchewan is affected by the pipeline-capacity issue.

The inability to get Western Canadian crude to the right markets is costing the economy, according to a report paid for by the Saskatchewan government.

The Canada West Foundation, a Calgary-based think-tank, said in the report released Feb. 7 that each stalled pipeline project means a loss to the Canadian economy of \$30 million to \$70 million every day.

THE CANADIAN PRESS



Premier Brad Wall addresses media in the rotunda of the Saskatchewan legislature on Tuesday. Wall is heading to Washington, D.C., next week to tout Canadian energy and the proposed Keystone XL pipeline. JEFF MACKEY/METRO

We's company

Actors Martin Sheen and Mia Farrow and music acts Shawn Desman and Hedley are among the special guests as We Day makes its debut in Saskatchewan PAGE 2



Get there fast, take it slow

Ernest Hemingway spent a lot of his time in the Florida Keys — here are five reasons you should, too PAGE 8

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Countdown to We Day over

Free the Children.

15,000 youth and supporters will converge on Saskatoon for celebration



MORGAN MODJESKI
Metro in Saskatoon

Saskatoon's Credit Union Centre will be filled to the brim with students from across the province Wednesday as We Day hits Saskatchewan for the first time.

Students from 300 schools across the province will be entertained by musical acts like Hedley, Shawn Desman and Karl Wolf and get to hear speeches from actors Martin Sheen and Mia Farrow, who will attempt to teach them they can have a positive impact on their local community and the global community.

Marc Kielburger, co-founder of Free the Children, the organization behind We Day, says he's excited about Wednesday's show, noting a lot of work has gone into it.

"There's an African saying that says it takes a village to raise a child, and it also takes a village to put on a We Day,"



Craig, left, and Marc Kielburger, founders of Free the Children, pose for a photo in front of the We Day celebration stage in Saskatoon on Tuesday. The event will see roughly 15,000 youth and We Day supporters converge on Credit Union Centre Wednesday. MORGAN MODJESKI/METRO IN SASKATOON

said Kielburger.

"It's been an incredible undertaking to have the opportunity to engage with the community, to have the opportunity to engage with our title sponsors, PotashCorp, and (to have) the ability to

reach out to hundreds of schools, thousands of young people and dozens and dozens of teachers."

One of the main ideas behind We Day is to get young people working toward positive social change, and

Kielburger said in order for students to get into Wednesday's event, they had to show they're ready to take action.

"The great thing about We Day is you actually can't buy a ticket, you have to earn your way in through service on one

local and one international issue of your choice," said Kielburger. "This is an opportunity for We Day here in Saskatchewan (and for) kids in this province to step up to realize they can get involved and they can make a difference."

PM turns silent in defence of Wallin's travel expenses

Prime Minister Stephen Harper muted his staunch defence of Pamela Wallin following reports Tuesday that the Saskatchewan senator has repaid a substantial amount of her eyebrow-raising travel expenses.

Earlier this month, Harper seemed unequivocal in his defence of Wallin, who has racked up travel expenses of \$321,000 since September 2010. He appeared to suggest he'd personally reviewed Wallin's expenses and concluded they're comparable to those of

'No comment'

A spokesman for Pamela Wallin is not denying a CTV report that the senator repaid a big chunk of her travel expenses, offering only a terse "no comment."

other parliamentarians from Saskatchewan.

On Tuesday, however, Harper was much more circumspect when NDP Leader Tom Mulcair

reminded him that he'd "personally reviewed" Wallin's file and found no problems.

"We have been very clear, as has the Senate and all senators," Harper said, avoiding mention of Wallin's name.

"They are reviewing all of their expenses to ensure not only that the expenses are appropriate but the rules in the future for governing such expenses are appropriate. That is a commitment that has been made on this side."

THE CANADIAN PRESS



Prime Minister Stephen Harper rises during question period in the House of Commons on Parliament Hill in Ottawa, Tuesday. ADRIAN WYLD/THE CANADIAN PRESS



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Tourists bathed in fire in most lethal balloon accident on record



A policeman stands guard at the site of the accident in Luxor, Egypt. NASSER NASSER/THE ASSOCIATED PRESS

Egypt. At least 19 dead, with two others suffering severe burns

A hot-air balloon carrying tourists over Egypt's ancient city of Luxor caught fire Tuesday, and some passengers trying to escape the flames leaped to their deaths before the craft crashed in a sugar-cane field. At least 19 tourists were killed in what is believed to be the world's deadliest ballooning accident.

The accident was a new blow to Egypt's tourism industry, which has been gutted by the country's turmoil the past two years.

The crash raised accusations that authorities have let safety standards fall amid the political instability, though the civil aviation chief insisted his ministry keeps stringent inspections.

The balloon was carrying 20 tourists — from France, Britain, Belgium, Hungary,

Japan and Hong Kong — and an Egyptian pilot on a flight over Luxor, officials said.

"I saw tourists catching fire, and they were jumping from the balloon. They were trying to flee the fire, but it was on their bodies," said Hassan Abdel-Rasoul, a farmer in al-Dhabaa. He said one of those he saw on fire was a visibly pregnant woman.

Bodies of the dead tourists were scattered across the field.

The crash immediately killed 18, according to Luxor's governor, Ezzat Saad. Two Britons and the Egyptian pilot were taken to the hospital, but one of the Britons died of his injuries soon after. The other Briton and the Egyptian, who state media said suffered severe burns, were flown to Cairo for further treatment.

The Department of Foreign Affairs in Ottawa says the Canadian Embassy in Cairo has confirmed that no Canadians have been affected.

THE ASSOCIATED PRESS

The accident



The launch site shortly before the explosion.

THE ASSOCIATED PRESS

The balloon was landing when a cable got caught around a helium tube and a fire erupted, according to an investigator with the state prosecutor's office.

- **Escalation.** The balloon then shot up in the air, the investigator said. The fire set off an explosion of a gas canister and the balloon plunged some 300 metres to the ground, according to an Egyptian security official.

Pistorius' testimony may damn him on lesser charge

Even if Oscar Pistorius is acquitted of murder, firearms and legal experts in South Africa believe that, by his own account, the star athlete violated gun-handling regulations and exposed himself to a homicide charge by shooting into a closed door without knowing who was behind it.

Pistorius testified that he shot at the door, fearing but not knowing for certain that an intruder was on the other side. Instead, it was Pistorius' girlfriend, Reeva Steenkamp.

Prosecutors charged Pistorius with premeditated murder, saying the shooting followed an argument between the two.

South Africa has stringent laws regulating the use of lethal force for self-protection. In order to get a firearm permit, applicants must not only know those rules but must demonstrate proficiency with the weapon and knowledge of

its safe handling, making it far tougher to legally own a gun than in many other countries.

"There is no situation in South Africa that allows a person to shoot at a threat that is not identified," said Andre Pretorius, president of the Professional Firearm Trainers Council, a regulatory body for firearms instructors. "It could have been a minor — a 15-year-old kid, a 12-year-old kid — breaking in to get food."

Experts said that even if the prosecution fails to prove premeditated murder, firing several shots through a closed door could bring a conviction for the charge of culpable homicide, an equivalent to manslaughter covering unintentional deaths through negligence.

Johannesburg lawyer Martin Hood, who specializes in firearm law, said legislation allows gun owners to use lethal force only if they believe they are facing an immediate, serious and direct attack or threat of attack that could be deadly or cause grievous injury.

According to Pistorius' own sworn statement read in court, he "did not meet those criteria," said Hood, who is also the spokesman for the South African Gun Owners' Association.

THE ASSOCIATED PRESS

No provision

"There is no situation in South Africa that allows a person to shoot at a threat that is not identified."

Andre Pretorius, president of the Professional Firearm Trainers Council

Loss

Pistorius plans memorial



A woman holds a photo of Reeva Steenkamp as she leaves her funeral. THE ASSOCIATED PRESS FILE

Oscar Pistorius planned a personal memorial service on Tuesday for Reeva Steenkamp.

The service would be at the home of his uncle Arnold, where the athlete has been staying since he was released on bail awaiting trial.

Pistorius' reputation-management firm said he had requested the service "as he remains in deep mourning for the loss of his partner Reeva."

Quebec. Alleged assault by Sen. Patrick Brazeau detailed in police warrant

A search warrant filed in court says an ongoing argument over aboriginal issues at the home of Sen. Patrick Brazeau escalated into a physical and sexual confrontation.

The police warrant details allegations by a woman in Brazeau's home who says he punched her, choked her, tore her pants off and pushed her down a flight of stairs, breaking the railing.

The complainant also alleges Brazeau aggressively

grabbed her breast and another body part, called her vulgar names, spit in her face, and tore up a bra and blouse she was trying to pack.

The warrant stated that when police arrived, Brazeau had locked himself in a room.

Court documents say Brazeau, 38, has formally pleaded not guilty to charges of assault and sexual assault.

None of the allegations have been proven in court.

THE CANADIAN PRESS

Alberta. Three in custody after sheriff shot in court, prisoners escape in his van

Three men are in custody after a scuffle in a small-town courthouse ended with a sheriff being shot in the hand and a short-lived escape in the officer's vehicle.

The shooting took place just before noon on Tuesday in Whitecourt, Alta., where two local men were making their first court appearance after a drug bust last week.

"You could hear behind the door where they keep prisoners to stand trial ... there was a fight happening," said Kathlene

Campbell-Conlon, a reporter covering the case.

"An officer ... hopped the guardrail and ran behind the door," she said. "You heard a couple of ... screams, then two, maybe three gunshots."

Mayor Trevor Thain confirmed the prisoners escaped in the sheriff's van. Thain said the pair were arrested at a farmhouse about 10 kilometres south of Whitecourt.

Thain said police detained a third man at the farmhouse.

THE CANADIAN PRESS

U.S. security

Cuts trigger the release of illegals

A week before budget cuts go into effect, the Department of Homeland Security has started releasing illegal immigrants being held in U.S. jails, Immigration and Customs Enforcement said Tuesday. A spokesperson said they have been "placed on a ... more cost-effective form of supervised release."

THE ASSOCIATED PRESS

Espionage

Israeli president to ask U.S. to free spy

Israel's president has agreed to press U.S. President Barack Obama to free convicted spy Jonathan Pollard.

Pollard was sentenced to life in prison in 1987 for passing classified material to Israel. THE ASSOCIATED PRESS

Back to Sudan

Israel ships African migrants home

Israel has repatriated hundreds of Sudanese migrants in recent months, drawing accusations that it has forced them back into life-threatening situations. Israel says the departures have been voluntary.

THE ASSOCIATED PRESS

Employment

Help-wanted ads point to strong job creation in February

The Conference Board of Canada says the country's employment prospects are picking up after going through a two-month soft patch. The think-tank says its help-wanted index for January jumped a strong 10 per cent, with 25 of 27 metro areas posting increases.

The index suggests Canada returned to positive job growth in February after shedding 22,000 workers in January. The Conference Board research shows labour markets remain tightest in the West, particularly Regina, Saskatoon, Calgary and Edmonton.

THE CANADIAN PRESS

Investment

PotashCorp wants control of Israel Chemical, CFO says

PotashCorp wants to acquire a controlling interest in Israel Chemical Ltd., not just increase its 14 per cent stake, chief financial officer Wayne Brownlee says.

"We're not interested in increasing our stake and still being a passive minority shareholder. In fact, that's not a tenable position for us on a long-term basis in any event," he told an investment conference in Florida on Tuesday. "The minimum position would be to have a majority-control position." He said talks have been on hold due to Israel's recent elections, but the company remains interested. THE CANADIAN PRESS

Never mind horsemeat — in South Africa, mystery beef includes donkey

Mislabelled meat.

New study found 68 per cent of samples contained species not declared on label

Worried about horsemeat in your beef? Try water buffalo, donkey and goat. South African food scientists said they have found all three in mislabelled foods including beef burgers, ground beef and sausages.

A study published by three professors at Stellenbosch University found that 68 per cent of 139 samples contained species not declared on the product label, with the highest incidence in sausages, burger patties and deli meats.

The study found soya and gluten were not labelled in 28 per cent of products tested, and undeclared pork in 37 per cent and chicken in 23 per cent.

"This study confirms that the mislabelling of processed meats is commonplace in



Horrified that these cute little fellas might end up in so-called beef products? They're probably not happy about it either. Food scientists in South Africa have found undeclared donkey, water buffalo and goat in processed meat products, thus confirming that the EU is not alone in the battle against mislabelling. GETTY IMAGES FILE

South Africa and not only violates food labelling regulations but also poses economic, religious, ethical and health impacts," said co-author Prof. Louwrens C. Hoffman.

He said tests the past two weeks on hundreds of samples of imported meat have found no horsemeat.

THE ASSOCIATED PRESS

Quoted

"There's nothing wrong with eating donkey if you like donkey, but if you don't, you have the right to know."

Prof. Louwrens C. Hoffman

iTunes. Apple settlement to award \$100M in credits

Apple has agreed to give more than \$100 million in iTunes store credits to settle a lawsuit alleging that the iPhone and iPad maker improperly charged kids for playing games on their mobile devices.

The two-year-old case centres on allegations that Apple didn't create adequate parental controls to prevent children from buying extra features while playing free games on iPhones and iPads in 2010 and 2011.

Parents who filed the lawsuit in 2011 said they didn't realize their children were racking up the charges until they received bills or other notifications after the purchases were made. The games that had been downloaded were designed for kids as young as four years old, according to the lawsuit.

Apple introduced more stringent controls governing in-game purchases as part of a March 2011 update to the software that runs its mobile devices. THE ASSOCIATED PRESS

Market Minute

DOLLAR
97.43¢
(+0.12¢)

TSX
12,660.44 (+9.57)

OIL
\$92.63 US (-48¢)

Natural gas: \$3.45 US (+4¢)
Dow Jones: 13,900.13 (+115.96)

GOLD
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metro

LISTEN UP, LANGUAGE POLICE



JUST SAYIN'
Paul Sullivan
metronews.ca

Le gouvernement du Québec is in trouble because its overzealous language police tried to ban the word "pasta" from the menu of an Italian restaurant.

"Pâtes" doesn't quite have the same ring but it's all part of a legitimate effort to preserve the French language in the face of creeping ... Italian.

Of course, the story went viral and now le gouvernement is calling off les chiens.

Trying to write in both official languages is exhausting. So I'm stopping. Maintenant, er, now.

The point is that taking care of the language is a thankless task. We should worry less about giving our francophone cousins a tough time about their vigilance and concentrate on our own English language transgressions, which are légion.

In fact, Quebec has given me a good idea. I'm going to assemble my own language police and send violation notices by Twitter, which should make me even more popular than usual.

The hardest thing is where to start. If we ban the use of the word "like" except in its proper context, that is: "I like ice cream," an entire generation will be struck dumb. Same with other ubiquitous language shrapnel such as "O my God" and "awesome," which is not.

As bad as those are, they're nothing compared to the battery of baloney designed to make the user appear smarter or more well-read. Regardez: "Irregardless," which is a faux gilding of the lily known as "regardless."

The ultimate tip-off that you're dealing with a suspected language violator is "tact," which actually means "diplomacy," but is most often used as a word meaning "tactic" or "approach."

Tact is short for tactic, no? The shortest distance between two ideas? No.

The actual term is "tack," which is a nautical term for an effective way to make forward progress into a headwind. Once you've learned to tack, you'll never go back. But we need to deal sternly with all those clever tacticians if we're to make any headway.

The biggest challenge for my new Grammar Gendarmes, I predict, will be jargon, which is a mélange (stop that!) of acronyms and catchy phrases that make the offender sound as if he's speaking Esperanto from a script by Steve Jobs.

For example: "POTUS will do his due diligence and nominate from within his own wheelhouse for the next SCOTUS vacancy." Even l'office québécois de la langue française would have trouble figuring out if that's English, Italian or Klingon. That's punditry gone wild, and should read: "After careful consideration, the U.S. president will nominate a political ally to fill the next vacancy on the Supreme Court."

America is suffering from a language recession and may be a lost cause. But ici Canada, we still maintiens le droit. Vive la difference!

A giant leap of fate



ULET IFANSASTI/GETTY IMAGES

Ancient tradition

Boys become men in stone jumping

You'd call it a leap of faith, but for youngsters in rural Indonesia, it's more a leap of their fate.

In Orahili Fau village, Nias Island, some 1,200 kilometres northwest of Jakarta, young men take part in stone jumping, "fahombo batu," a manhood ritual of leaping over stone towers — a feat which in the past has resulted in serious injury and death. **METRO**

Stone tradition

Nias Island is last megalithic culture

The island of Nias, dominated by mountainous terrain and ravines, has been described as having one of the world's last megalithic cultures.

Until the 1950s, locals would erect monoliths, "owasa," used for ceremonies. Experts have never found stone-jumping sites elsewhere in Indonesia, pointing to the island's uniqueness in the megalithic tradition. **METRO**

Size of the stone

2.5

metres is the height of this column. The intrepid youth, dressed in traditional warrior garb, run up and hop on a small, round stone to gain momentum and height before soaring feet first over the block. In the past, the block was topped with sharpened bamboo stakes. The centuries-old practice of stone jumping first began when intertribal wars were rife. Every valiant fighter would be able to leap over the high stone walls of a rival village, fringed with bamboo stakes across the top.

Past traditions gone

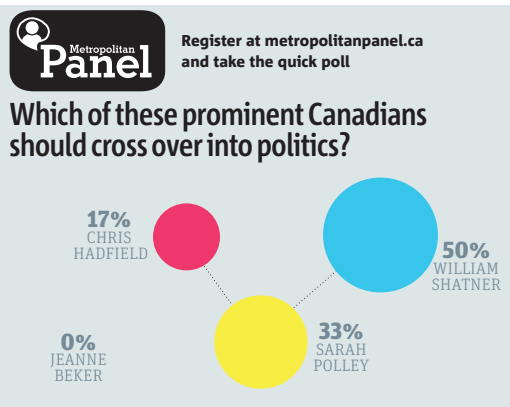
Count number of jumps, not heads

In traditional Nias society, "mangani binu" (decapitation of enemies) was a principal ritual for young men.

Nowadays, instead of the number of skulls a person acquired determining one's social status, it is based on how many stones could be jumped over. But the use of traditional weapons in local ceremonies is a reminder of this ritual. **METRO**



Memo: When referring to any type of cooked noodle in Quebec, choose **pâtes over pasta**. TIMOTHY HIATT/GETTY IMAGES



Twitter

@vanscheezy: Really glad I'm not the person who had to do the #NewAreaCode recording. Everyone hates that person right now. #yqr

@TdotRegina: Get the reminder to dial 306. K. So then I stupidly dial 1-306, and I get the reminder my call is not long distance. I'll get it eventually.

@Crel: I would complain about 10 digit dialing, but all numbers in my contacts list already have 306 in front

so I have not heard the message yet.

@JCKSask: Look out #YQR - water rates going UP, property taxes going UP, gas prices going UP - when is the last time you had a raise?? #SKPOLI

@Keith_Rey: Why is every1 so concerned over cords across sidewalks suddenly? U wud think no one does it now. How many complaints each year? #YQR #YQRCRC

Miles Teller, left, Justin Chon and Skylar Astin star in Relativity Media's *21 & Over*. HANDOUT

Miles Teller draws the line at French kissing

21 & Over. Star had difficult time agreeing to some scenes in new movie



**NED
EHRBAR**
Metro World News in Hollywood

Miles Teller insists he's generally game for anything once he's signed on to a film, but as he learned on *21 & Over* — the directorial debut of *The Hangover* writers Jon Lucas and Scott Moore — there were some lengths to which Teller wasn't quite willing to go for the sake of comedy.

Diving right into the nudity issue, there are a few very bold scenes for you in this. How do you psyche yourself up for that?

Or not. I mean, I know when

you read the script or agree to do a movie, you know you're going to agree to do everything. The nudity stuff, I just made sure I worked out, you know what I mean? Because some movies you don't have time. You can work out before a movie, but then when you're shooting there's really no time. I know some actors do it, and people should really give them credit because they're working 14 hours a day, it's exhausting, and then working out and getting like five hours of sleep. It's pretty tough. So for this I just made sure I worked out, and the (guy-on-guy) kissing scene was something I tried to get rid of for a while. I was literally like pretty upset about that. And then we did it and it was just like CPR.

You were upset about it?

Kiss a guy? Yes. Inevitably, I did it for comedy. But they

wanted me to use the tongue and I said, "Nope. It's not that funny, man."

These guys are known for going pretty far for a joke. Was there anything else where you had to draw the line?

No. I mean, there was a point where me and Skylar were shackled up and were getting spanked. At one point the shackle broke, so I had to bend over and fix it and s—, and there was all these girls around, and I was just like, "I'm sorry about some a—hole." Then I just went down and fixed it. Other than that, I felt pretty safe. The humour that these guys write, they're both extremely intelligent. And it's funny, it's well-written, it's not, like, dumb comedy. I never felt like I was doing cheesy or manipulative stuff. I felt pretty comfortable with everything.

What's your own most dramatic drinking anecdote?

I just remember the only time I had alcohol poisoning, when I was literally puking black, and I was just like, "This is bad." Nothing black should ever come out of your body, you know what I mean? Especially out of your mouth. There's some crazier s—I'm sure, but if you remember it then it probably wasn't that good.

How did your own college experience compare to this?

Not at all. I mean, NYU is just, like, New York. I mean, New York is your college campus, and when I was in college I smoked a lot of weed and played a lot of FIFA. That was pretty much what I did. But I grew up in Florida. Florida State's a pretty stereotypical party college. Anywhere in the South, anywhere in the sun with a college with a good sports team is going to be fun.

21 and Over

Birthdays are universal



**IN
FOCUS**
Richard Crouse
scene@metronews.ca

Paris Hilton once said, "The way I see it, you should live everyday like it's your birthday." Of course she would think that way. She's young. And rich.

Like death and taxes, birthdays are one of the events that touch everyone's lives. Not everyone loves to celebrate getting older — "There is still no cure for the common birthday," said John Glenn — but Hollywood seems to enjoy throwing birthday parties — on screen at least. This weekend in *21 & Over* a med school student makes merry on his birthday with two of his besties. But like so many movie birthday parties it goes horribly wrong — or horribly right if you have a taste for humiliation, extreme drunkenness and debauchery.

Horror movies have frequently used birthday parties as a backdrop for terror. The alien invasion movie *Signs* made Bravo's 100 Scariest Movie Moments list for a scene showing news footage of an alien at a child's birthday party in Brazil.

The film *Logan's Run* is set in an idyllic future. There's just one huge drawback — on your 21st birthday you will be vaporized into a sticky goo during a ritual called the Carousel.

Not all movie birthdays are bummers, however.

Despite hiring a drunken clown to perform at his nephew Miles's (Macaulay Culkin) birthday, Uncle Buck, played by the late, great John Candy, does the best he can to throw a great birthday party. The best part? He makes giant pancakes — they're so extreme they now have their own Facebook page with 290 likes — boasting, "You should see the toast. I couldn't even get it through the door!"

Nicholas Hoult is having some Giant success

Nicholas Hoult has already had plenty of success this year with last month's zombie rom-com, *Warm Bodies*, but now he's on to a much bigger adventure as Jack in Jack the Giant Slayer, director Bryan Singer's take on the classic tale. Plus, he has another little comic book movie with Singer lined up next.

When you finally get a horse-riding role, it's one of those signs that you've made it.

I don't know if I've necessarily made it, but it's very

cool to be a part of a film of this scale. People often say they can ride a horse even when they can't, even when they've never sat on a horse in their life. It's just a given. You read anyone's C.V. and it will say that they can ride a horse. And then if they get a horse-riding role then they'll panic and try and learn to ride quickly.

Congratulations on the success of *Warm Bodies*. Have you noticed any palpable changes in your life now that you have a hit movie out?

Not particularly. To be honest with you, that weekend I went down to Africa to start shooting a film down there and then got back yesterday morning, so I was kind of kept out of it a little bit.

You're going back to work with Bryan Singer again with *X-Men: Days of Future Past*.

He's a really talented director and really knowledgeable about film, and can really break down stories and characters and understands how to move a story forward at all times. He's fantastic

in the *X-Men* world, really understands it. I haven't spoken to him in-depth about this next one yet, but I know he's really excited about it, and that's a great sign. I'm looking forward to playing that role again.

The new film seems to mix actors from different time periods of the franchise, like Ian McKellan and Ellen Page, then you and Jennifer Lawrence. Are you giving much thought to how you'll be interacting with them yet?

You know what, the odd

thing was it was fantastic doing our version, *First Class*, but suddenly this time when I heard that Hugh Jackman and Ian McKellan and Patrick Stewart and those guys were coming back and that I was going to be in it, it suddenly became a much more real *X-Men* film in many ways — as much as ours did when we were doing it, we were all new to it and it was a different time and take on it. So to be part of one of the films with all those characters is going to be really exciting for me as a fan.

NED EHRBAR/METRO WORLD NEWS



Lindsay Lohan. ALL PHOTOS GETTY IMAGES

Lohan looking to change her ways — no, really

It may be a case of too little too late, but Lindsay Lohan is reportedly looking to change her ways — and her lawyer is asking for her current probation violation case to be delayed so that she can do just that, according to TMZ.

Her new attorney, Mark Heller, has asked for a continuance, arguing that Lohan “is pursuing and participating in certain activities which will benefit her and afford her more of an opportunity to be a productive and responsible person and contributor to society,” court documents reveal. The documents further state that Lohan “has made a commitment to herself to elevate her life and participate in activities which will advance her desire to lead a model life.”



Prince Michael Jackson

Into the spotlight: Prince getting into Hollywood

Prince Michael Jackson, the 16-year-old son of the late Michael Jackson, is wasting no time in getting into the entertainment industry. The Hollywood Reporter has learned that Jackson will make his acting debut as a guest star on 90210, playing a trauma victim on the CW drama. And just last week Jackson began working with Entertainment Tonight as a special on-air correspondent.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



MacFarlane keeps on entertaining

Apparently Seth MacFarlane didn't get his need to perform out of his system at the Oscars Sunday night, as the host also took the stage for a few numbers at his private after-party in front of family and friends, according to E! News.

He also celebrated the night by getting cosy with Charlize Theron. “Charlize was very chatty with Seth and they shared a laugh in between his performances,” a source says. “The party wasn't packed, but everyone seemed to be enjoying the singing and dancing.”

Theron reportedly stayed at the shindig for quite a while. **METRO WORLD NEWS**

His memorable opening song

Maybe you found Oscar host Seth MacFarlane hilarious or offensive or neither or both. Either way, you surely remember his opening num-

ber, We Saw Your Boobs. In the song, he called out Meryl Streep, Anne Hathaway and other notable actresses for showing their stuff (including Jodie Foster in the rape movie The Accused — ha-ha Seth?).

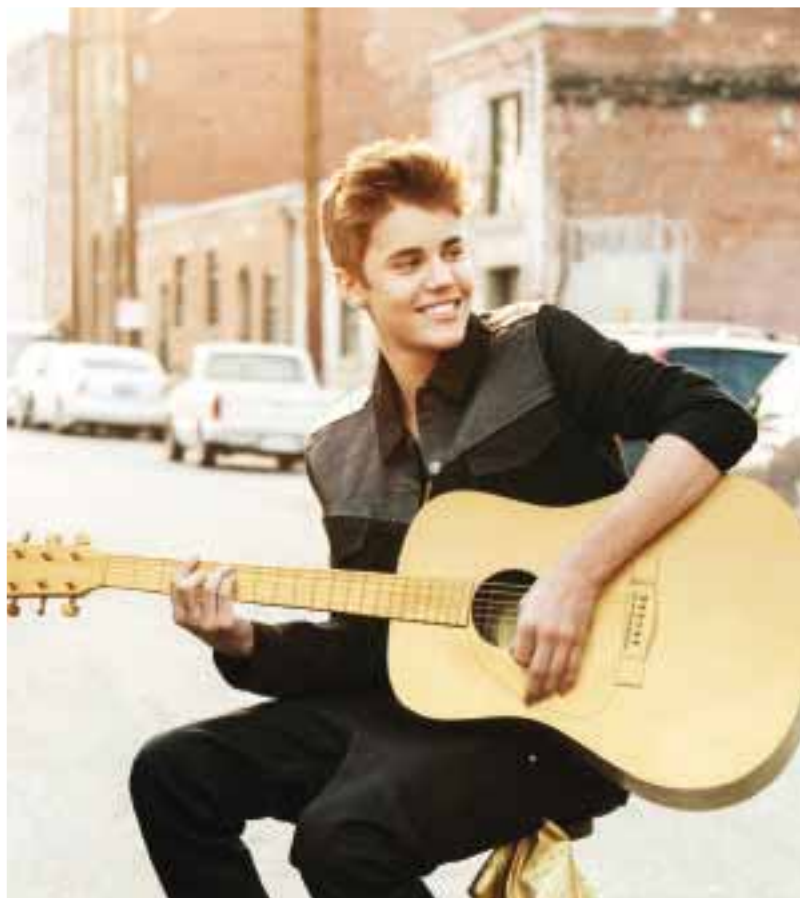
Celebrity porn website Mr. Skin has now collected clips from every film mentioned. Good marketing! Timely! Gross? **METRO**

Once is more than enough

It looks like it's one and done at the Oscars for Seth MacFarlane. The Family Guy creator was asked on his Twitter account whether he'd consider hosting the Academy Awards again and he replied: “No way. Lotta fun to have done it, though.”

MacFarlane's edgy comedy proved a polarizing force on Sunday's Academy Awards, with jokes about domestic violence, women's bodies and Jews in Hollywood that offended some viewers. The Oscars did get their biggest audience in three years, however, with particular growth among young viewers.

THE ASSOCIATED PRESS



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With azure waters and a long list of big game fishing world records and tropical reef fish to see, it's no wonder author and sportsman Ernest Hemingway spent a decade of winters in the Florida Keys. The Overseas Highway, or U.S. Route 1, strings together more than 50 small islands with a swashbuckling past that rise above an ancient coral reef. Here, whether it's by sailboat or jet ski, riding on the water is the only to get around.

BY GRAHAM LANKTREE
Metro Canada



FLICKR: VASENKA

Key West

The quirky character of Key West, with its sun-drenched colours and retro '80s motel signs, finds roosters roaming public parks alongside cats and buskers. Here, Hemingway's house is now filled with a brood of 43 felines descended from six-toed Snowball, who belonged to the adventurous author. The house stands across from a 164-year-old lighthouse warning ships and their treasure about the treacherous reef shores. Ride out on the water around the island and round the tip of the southernmost point of the U.S. Spot colourful reef fish while snorkelling and you will see just how important the life aquatic is to the keys.

5 reasons to visit the Florida Keys

Dry Tortugas (Lower Keys)

Big Pine Key and the lower keys of Dry Tortugas National Park are unspoiled in their beauty. Spanish explorer Juan Ponce de León discovered these islands 500 years ago in 1513. The hundreds of sea turtles he and his men found basking on the shoals gave the islands their name. A high speed ferry or sea plane from Key West will get you to the Tortugas, the most remote of America's National Parks. Just west of the Marquesas Keys are coral reefs where an experienced diver can feel as though they're a character in Finding Nemo.



FLICKR: BRUCE TUTEN



FLICKR: CAYABO

Big Pine Key, Bahia Honda State Park

Take the road north from Key West and enter miles of leafy mangroves growing around a series of smaller keys that the beloved manatee calls home. From the Overseas Highway, you can see the remains of the historic railroad Standard Oil partner Henry Flagler used to pave a way into the area in 1912. Entering Big Pine Key, look for an endangered white-tailed deer half the size of ones found in Canada. The most natural sandy beaches in the keys are found here, where sea sponges regularly wash up on shore at Bahia Honda State Park.

Marathon, Pigeon Key

Locals give the keys their character and on Marathon, Turtle Hospital founder Richie Moretti, a one-time mechanic, is excited to share his passion for the gentle beasts. You can visit his recovering loggerhead, Ridley and green sea turtle patients, who are then released back into the wild. Pieces of the original Flagler railway that linked the island keys in 1912 come closely into focus travelling to Marathon. Grab some lobster tacos at the Sunset Grille, a tiki bar near the Pigeon Key ferry and sip from their line of kitschy cocktails that come in collectible mugs, including the Magic Marlin and Pina' Pineapple.



FLICKR: EASYGIE



FLICKR: STIG NYGAARD

Key Largo

Hollywood actor Humphrey Bogart left his mark on the keys when he starred in the film noir gangster flick Key Largo. The story of Bogie holing up in a hotel during a hurricane, only to find it swarming with gangsters, became so popular the area changed its original Spanish name. It was no longer Cayo Largo, the longest key. This area is also known as the diving capital of the world. If you don't have time to take a scuba crash course, travel on a glass-bottomed boat from John Pennekamp Coral Reef State Park.

Ski the slopes and support an athlete at Kicking Horse Mountain Resort

There's still time to book a ski vacation.

And why not try a unique, small mountain-town with a beautiful view

GIZELLE LAU

life@metronews.ca

Make the most of what's left of winter, Canada. Get those legs moving and head out west to Golden, B.C., for a genuine boutique ski resort experience at Kicking Horse Mountain Resort. Just 2.5 hours from Calgary, the drive is certainly not a tedious one; complete with views of snow-capped mountains, heavy green conifers and frozen, bluer-than-blue waterfalls in the distance.

And if champagne powder wasn't a good enough reason to go, this winter (until May 1st) when you book a stay in Kicking Horse's Glacier Moun-



Kicking Horse is the first four-season mountain resort to open in the Canadian Rockies in 25 years. HANDOUT

taineer Lodge (a Bellstar Resort), you could support local Olympic hopeful Brady Leman, a Bellstar-Resort-sponsored athlete. A World Cup Ski Cross Gold and Silver Medalist, Lem-

an is one of Canada's biggest hopes at Sochi 2014 — and no stranger to Kicking Horse.

As the first four-season mountain resort to open in the Canadian Rockies in 25 years,

Kicking Horse offers a unique, small mountain-town experience with all the skiable terrain of the big resorts. No crowds, no lineups, no parking hassles and all while boasting the third-

The lowdown

Perks. Once considered a resort exclusively for advanced skiers or snowboarders, in the past five years, Kicking Horse has developed numerous trails and lessons that are beginner and intermediate-friendly. On Sundays, Kicking Horse offers Powder Room ski clinics just for women — a great way to learn, improve and build confidence in a supportive environment.

Stay. For couples or small families, stay at Bellstar's

Kicking Horse Glacier Mountain Lodge, conveniently located at the bottom of the mountain, just steps from the gondola and rental shop. For larger groups, Bellstar's Homes Collection offers large multi-family ski chalets like 1601 Cache Estates: fully furnished and stocked, complete with outdoor hot tub and a roaring gas fireplace.

More information. Go to bellstar.ca, glaciermountain-eer.com or kickinghorseresort.com.

highest vertical drop in Canada.

Up top (a 12-minute gondola ride to almost 8,000 feet), jaw-dropping panoramic views make you feel like you're on top of the world, overlooking almost all six surrounding national parks, including Banff, Glacier, Kootenay, Yoho, Mt. Revelstoke and Jasper. It just doesn't get any better than this

— that is, until you get to make your way down — into cavernous bowls of fluffy white snow, winding through untouched trails, down into the puffy layer of cloud, at which point you may realize you haven't seen another skier in ages and all you can hear is the sound of your feet schussing all the way down. Now that's golden.

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They'll be gone in a New York minute



ROSE REISMAN
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These petite cheesecakes are perfect for one serving and leave none to go to waste.

They can also be ready sooner than a regular-sized cheesecake, since they chill much faster. Baking the cheesecakes in a water bath — a pan filled with water — keeps them moist and prevents them from sinking in the middle.

Serve them with fresh berries or a fruit-based dessert sauce and a dusting of icing sugar. I like to garnish with a drizzle of melted fruit sorbet, such as mango or raspberry.

1. Preheat the oven to 350 F. Line a 12-cup muffin tin with paper muffin liners.

2. Combine the ricotta, cream cheese, sour cream, egg, vanilla, lemon juice, zest, flour and sugar in a food processor and process until smooth and creamy. Divide the mixture among the prepared muffin cups.

3. Set the muffin tin in a larger pan or on a baking sheet

with sides. Pour enough hot water into the pan to come one-third to one-half up the sides of the muffin cups.

4. Bake in the centre of the oven for 20 minutes.

5. Remove the muffin tin from the water bath and cool to room temperature on a rack. Chill for 1 hour.

6. To serve, remove the paper liners and place on individual serving plates. Garnish with berries and a sprinkle of icing sugar.

ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS) BY ROSE REISMAN

Ingredients

- 1 1/2 cups smooth light ricotta
- 3/4 cup light cream cheese, softened
- 1/2 cup light sour cream
- 1 egg
- 1 tsp pure vanilla extract
- 2 tbsp freshly squeezed lemon juice
- 1 tsp grated lemon zest
- 2 tbsp all-purpose flour
- 2/3 cup granulated sugar

New-York-Style Miniature Cheesecakes



This recipe makes 12 cheesecakes. BRIAN MACDONALD FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

Drink of the Week

Cinnabomb

A tasty explosion of three types of alcohol with ginger ale, this Cinnabomb is sure to be a crowd please at any get-together.

- 5 oz Smirnoff Vanilla Vodka
- 5 oz Grand Marnier
- 5 oz Goldschlager
- Cinnamon/sugar for rim
- Ginger ale
- Cranberries for garnish

Shake alcohol with ice in shaker.

Rim glass with cinnamon sugar. Add fresh ice to martini glass.

Strain shaker contents into fresh ice. Top with ginger ale.

Float 3 cranberries on top of ice. Add a cocktail straw and serve. **PHOTO AND RECIPE: FIRKIN PUBS, FIRKINPUBS.COM**



Red Velvet gets airy touch of Italian Meringue Frosting



This recipe makes 24 mini cupcakes. EGG FARMERS OF ONTARIO

Perfect little bites of velvety goodness with a light, airy frosting are easy to make and enjoy. Garnish these delicious cupcakes with an extra special sprinkle of edible gold flakes or coloured sugar to make them the star of your next special occasion.

1. In a large bowl, whisk together cake and pastry flour, sugar, cocoa powder, baking

powder and baking soda; set aside.

2. In another small bowl, whisk together buttermilk, melted butter, egg, food colouring and vanilla. Pour over flour mixture and whisk until smooth and well-combined.

3. Divide batter among greased or paper-lined mini muffin tins and bake in preheated 350 F

(180 C) oven for about 15 minutes or until toothpick in centre comes out clean. Remove from pan and let cool completely on rack.

4. Italian Meringue Frosting: In a small saucepan, bring sugar and water to boil, stirring to dissolve sugar. Let mixture boil for 5 minutes.

5. Meanwhile, in a large bowl,

Ingredients

- 1 1/3 cups (325 ml) cake and pastry flour, sifted
- 2/3 cup (150 ml) granulated sugar
- 1 tbsp (15 ml) unsweetened cocoa powder
- 1/2 tsp (2 ml) baking powder
- 1/4 tsp (1 ml) baking soda
- 1/2 cup (125 ml) buttermilk
- 1/4 cup (60 ml) butter, melted
- 1 egg
- 1 tbsp (15 ml) red food colour-

- ing
- 1 tsp (5 ml) pure vanilla extract
- Edible gold flakes (for garnish)
- Italian Meringue Frosting**
- 1/3 cup (75 ml) granulated sugar
- 1/4 cup (60 ml) water
- 2 egg whites
- Pinch cream of tartar
- 1/2 tsp (2 ml) pure vanilla extract

beat egg whites with cream of tartar until soft peaks form. While beating, add the hot sugar syrup in a steady stream and beat for about 5 minutes or until glossy stiff peaks form.

Beat in vanilla.

6. Frost the cupcakes and sprinkle with gold flakes as desired.

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Impress prospective employers with an infographic resumé

Visual data.

Attractive image-based format gives a quick view of job history

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On average, employers spend somewhere around 45 seconds reviewing a resumé.

Resumé writing aims to help the employer to effortlessly extract and retain the most vital information. The art of resumé writing consists of successfully transferring the story of your professional life onto one page.

Enter the infographic, a tool that visually represents and simplifies complex data. An infographic resumé is a unique way to condense and quantify the information on your resumé. Not to mention it looks slick, contemporary and really awesome.

Cheryl Ticne, a Vancouver-based information designer and recent BCIT graduate, has

developed a template for her own infographic resumé (pictured) and has been testing the efficiency of this tool in the workforce.

Ticne says she chose to try this approach to give employers an instant idea of her skills. With the endless submissions of resúmes received by HR departments, the infographic resumé makes it easy to process information quickly in an organized and catchy format.

It took Ticne around three days to come up with the initial design for her resumé. The inspiration comes from other designs combined with her own ideas. "It was quite a process for me to finally have a resumé that presented me very well," she says.

This is a familiar struggle amongst job-seekers. The infographic resumé for Ticne is a perfect example of a unique, relevant, and interesting way to present your skills.

One employer even told her that her resumé was at the top of his pile due to its unique and

What it all means

- The numbers on Cheryl Ticne's resumé represent either duration of experience or amount of knowledge, based on her interpretation.
- The purpose of these numbers is to provide a visual comparison of information that gives employers a stronger idea of her strengths.

professional esthetics.

An infographic resumé is not an option limited to those in the field of design or graphics. This format is perfect for individuals who carry a lot of information on their resumé since it helps employers quickly understand exactly what the candidate is about. Incorporating this concept doesn't mean that the entire resumé has to be an infographic, either. Simply



Infographic resúmes, like this one by Vancouver designer Cheryl Ticne, can grab employers' attention. CONTRIBUTED

adding a few images can give your resumé a little something extra. Breaking up the sometimes mundane text can really help prevent you from being lost in the black hole of redundant submissions.

We know all too well the importance of having a perfect

resumé. Finding the balance between creativity and professionalism can be the ultimate challenge. Tactics such as adding infographics can be helpful as long as it is in line with the context of the position for which you are applying.

If an employer is only going

to spend 45 seconds reviewing your resumé, you better make the seconds count. How you do that is entirely up to you.

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Jets captain Andrew Ladd and Rangers defenceman Marc Staal fight for the puck on Tuesday at Madison Square Garden. FRANK FRANKLIN II/THE ASSOCIATED PRESS

Jets reach new heights on the road

NHL. Club returns to Winnipeg winners 4 of 5 in season's longest trip

Olli Jokinen scored twice and Evander Kane had a goal and assist in the second period for the surging Winnipeg Jets, who completed a dominant road trip with a 4-3 victory over the injury-riddled and slumping New York Rangers on Tuesday night.

After a scoreless first period, Jokinen broke the deadlock 5:55 into the second off an assist from Kane, who then gave Winnipeg a 2-0 lead 1:07 later with his eighth goal of the season. Anthony Peluso also had two assists in the period.

Kane added his second of the game and ninth of the sea-

On Tuesday

4

Jets

3

Rangers

son in the third period — in between a pair of Rangers tallies — as three goals were scored in a span of 1:13 that brought New York within 4-3.

Kane has scored in four straight games and in five of six. He also has an eight-game point streak, notching six goals and four assists in the spurt.

Ondrej Pavelec, playing in his eighth straight game, made 30 saves for the win.

Ryan Callahan cut New York's deficit in half 2:26 after

Kane's first goal, but Jokinen struck again with 5:13 left in the second to give the Jets another two-goal advantage.

Taylor Pyatt deflected in Anton Stralman's shot to get the Rangers within 3-2 at 9:17 of the third, but Kane restored Winnipeg's two-goal lead 20 seconds later.

That, too, was short-lived as Stralman scored his third of the season at 10:30.

Winnipeg held on from there to finish 4-1 on its five-game trip — the Jets' longest of the season — and send New York to its fourth straight loss (0-3-1).

The Rangers had one more chance to get even, but couldn't connect on a late third-period power play. Henrik Lundqvist stopped 28 shots for New York.

Callahan's goal snapped the

By the numbers

11

The Rangers have mustered just 11 goals in six games, going 1-3-2, and have only six in the four games that star forward Rick Nash has missed with suspected concussion symptoms.

Rangers' shutout streak at 102 minutes, 53 seconds, dating to the third period of a loss at Ottawa on Thursday. New York was then shut out at Montreal on Saturday before returning for a four-game homestand that began Tuesday.

Jokinen, who played briefly for the Rangers in the 2009-10 season, has scored three of his five goals this season in a three-game span.

THE ASSOCIATED PRESS

MLB

Morneau rounds into form vs. Jays

Justin Morneau is finding his hitting touch early in preparation for the World Baseball Classic.

Morneau had two hits, including an RBI double, and the Minnesota Twins beat the Toronto Blue Jays 8-4 on Tuesday.

Morneau will suit up for Canada in next month's WBC.

"Just to get my legs underneath me," Morneau said. "There's a big difference between playing five innings and playing nine. Knowing we're going to start earlier with the WBC, crank it up a little bit earlier." THE ASSOCIATED PRESS

MLB

Dickey to know his catcher post-WBC

The Toronto Blue Jays will decide who catches knuckleballer R.A. Dickey after the World Baseball Classic, says manager John Gibbons.

Incumbent J.P. Arencibia has insisted he wants to handle Dickey this season though the Jays have three catchers in camp — Henry Blanco, Josh Thole and Mike Nickeas — who have experience working with Dickey.

Both Dickey and Arencibia will join the U.S. team at the World Baseball Classic.

THE CANADIAN PRESS



Jays ace R.A. Dickey pitches on Monday in Dunedin, Fla.

GETTY IMAGES

Riders add Grey Cup Canadian MVP Foley

The Saskatchewan Roughriders have signed free-agent defensive lineman Ricky Foley, the most valuable Canadian of the 2012 Grey Cup.

Foley appeared in 18 regular-season games with Toronto last season, recording 35 defensive tackles, five special-team tackles and three sacks.

The 30-year-old had three tackles and a sack in two playoff games before helping lead the Argonauts to victory in the historic 100th Grey Cup game last November at Rogers Centre. The former York University star had

four tackles, one sack and a fumble recovery in Toronto's 35-22 victory over the Calgary Stampeders.

The native of Courtice, Ont., was originally drafted fourth overall by the B.C. Lions in the 2006 Canadian Draft after playing three seasons at York.

Foley appeared in 70 regular-season games over three seasons with the Lions, winning his first Grey Cup in 2006. He was named the league's outstanding Canadian in 2009.

THE CANADIAN PRESS

Stamps shore up defence

The Calgary Stampeders have added depth to their defence, signing linebacker Yannick Carter.

- He is coming off an injury-plagued 2012 season with Hamilton, where he missed the first 12 games.

- Carter broke in with Saskatchewan in 2007, helping the Roughriders win the Grey Cup.



Ricky Foley celebrates a sack against the Calgary Stampeders during the Argos' Grey Cup victory last November in Toronto. STEVE RUSSELL/TORSTAR NEWS SERVICE

All GM vehicles getting Internet, now where do we go to the bathroom?

Auto Pilot. A future where all cars are connected sounds great, but will we ever leave our vehicles?



AUTO PILOT
Mike Goetz
drive@metronews.ca

Get ready for a future where virtually all vehicles are Internet hot spots.

At a mobility conference in Spain this week, GM announced it will equip virtually all its 2015 models in the United States and Canada with 4G LTE high-speed broadband. Some of those 2015 models should be on sale by mid 2014.

There is a sprinkling of models from other manufacturers, like Mercedes-Benz, and Chrysler, that have 3G-based hot spots. BMW introduced 4G LTE wi-fi to its 7 Series this past year. And of course you can get onto the Internet on many vehicles by syncing your smartphone into their infotainment systems.

But while we have been definitely moving toward this wi-fi future, the GM announcement is a declaration of sorts that Internet hot spots in the majority of vehicles is a fait accompli.

GM said "embedding" or "hard wiring" vehicles with LTE high-speed broadband is a faster and more reliable



GM has announced it will be "embedding" all of its 2015 models with 4G LTE high-speed broadband. HANDOUT

connection for infotainment offerings.

Otherwise, GM has to rely on whatever good or wonky smartphone technology and coverage that is in the hands of its customers.

Also, with this system, customers don't have to have a smartphone to use the vehicle's connected services, because, well, their vehicle is a smartphone.

And finally, having a vehicle with the capacity to be connected to the World Wide Web in such a profound way sets up all sorts of fantastic connected scenarios.

GM could update a lot of

Extra charges?

The downside

Well, the general nature of face-to-face human contact, nurtured and evolved through millennia, now reversing and degrading to a world where humans only feel comfortable looking at a screen of some sort, might be one.

software wirelessly, and keep their vehicles up-to-date on a whole bunch of parameters, not just infotainment ones.

But say we don't worry about that one, what about your monthly car payments? I'm guessing there will be an extra charge for data services. Not sure, but my current Internet and cellphone provider seems to operate on such a revenue model.

Another thing: my car

already has a better sound system than any in our house. In the future it might also have the best wi-fi.

You can already feed yourself via the drive-thrus. You'll never wanna get out of the car. The need for washroom facilities is still there, but maybe they're working on that too.

So yeah, all great. Video streaming movies. People on Facebook or Skype with their iPads. Real time traffic up-

dates.

Pulling information from the cloud.

Yada Yada Yada.

Opening the liftgate: Just kick it

If you've ever had to put down an armload of groceries so you could open your vehicle's liftgate, you probably think there must be a better way.

Ford agreed, and its new Escape and C-Max Hybrid models can be equipped with a hands-free electric liftgate that opens when you have the key fob in your pocket, and you kick your foot under the rear bumper.

"There are two sensors, one underneath where the fascia wraps around, and one at the rear," says Kaci Hrynewich, program management at Ford Motor Company.

"These create a field that is disturbed when a foot (is placed) in it, and both of those sensors have to have that detection in order for them to 'talk' to the module to open the liftgate."

The theory behind the liftgate is relatively simple — it uses motion technology similar to that in some video games

— but actually putting it into a production model was more of a challenge.

"We have multiple components all coming together, so we had to figure out how far away you have to be," Hrynewich says. "We had to try it with the metallic paint on our colour palette to make sure the sensor field wouldn't be affected by it."

"We also had a tight packaging space, which was a concern because we couldn't put (the module) too close to a bumper beam, because it's conductive and it wouldn't work. It's easy to look at the guidelines for the system, but then you have to put them into the vehicle you're trying to engineer, and we had to package that and make sure it still functioned properly."

Each of the two sensors has a specific function. One senses that your leg is there, while the other detects the motion,

Liftgate history

- The earliest power "liftgates" were on station wagons. In 1971, full-size GM wagons had two-piece power tailgates, where the window slid up into the roof, and the bottom gate slipped down under the floor.

and both have to be triggered by the kicking motion in order for the liftgate to open or close.

Otherwise, someone walking by could potentially trigger the leg sensor, while an animal walking under the bumper could set off the second detector. The vehicle must also detect the electronic key fob before any motion starts the liftgate action.

JILL MCINTOSH/FOR METRO



Kickin' it: Ford's new Escape and C-Max Hybrid models are equipped with hands-free liftgate technology. HANDOUT



Horoscopes

Aries

March 21 - April 20

This would be a good day to clarify your ambitions and to let those in positions of power and authority know that unless they offer you something better you will be looking elsewhere. Say it and mean it.

Taurus

April 21 - May 21

It's time to get tough with someone who has been taking liberties. Yes, of course, you could blame yourself for allowing the situation to drag on so long but ultimately it's their fault, not yours, so speak up.

Gemini

May 22 - June 21

You may need to backtrack a little today if you don't want to fall out with a friend or work colleague. OK, so you believe that what you said was true but did you have to be so sarcastic about it?

Cancer

June 22 - July 23

Be honest with loved ones today, even if what you have to tell them is not what they want to hear. If they mean something to you then you must make sure they see the light — for their own good.

Leo

July 24 - Aug. 23

A new health or fitness program could be just what you need to get yourself moving again, physically and mentally. And stick with it this time. It won't be long before you see some seriously encouraging results.

Virgo

Aug. 24 - Sept. 23

You may be surprised by what happens today but don't just stand there or you could miss out on an opportunity to benefit from unexpected changes. And don't feel guilty if you gain from someone else's misfortune.

Libra

Sept. 24 - Oct. 23

You may find it hard to turn down a call for assistance but it's necessary. If you don't, you will find yourself doing things for others that they really should be doing for themselves. Don't let them take advantage.

Scorpio

Oct. 24 - Nov. 22

The planets will give you the courage you require to start something you have been yearning to do for ages. Great changes are taking place all around you but don't be afraid: They are the kind of changes you need.

Sagittarius

Nov. 23 - Dec. 21

Don't stop thinking and don't stop looking for ways to improve your position in life. Over the next few days there will be more than one opportunity to make money from sudden events. If you don't then someone else will.

Capricorn

Dec. 22 - Jan. 20

An idea that pops into your head out of nowhere may be outrageous, but the more you allow yourself to think about it the more you will like it. Some say you are too cautious to take risks. Prove them wrong.

Aquarius

Jan. 21 - Feb. 19

There are so many changes going on that even the most adventurous of Aquarians may be wondering where it is all going to end. But change never ends — you know that. Make change your friend.

Pisces

Feb. 20 - March 20

If you approach a difficult problem from an unusual angle today you may be surprised how simple the answer is. If you are still stuck though you should ask someone you trust.

SALLY BROMPTON

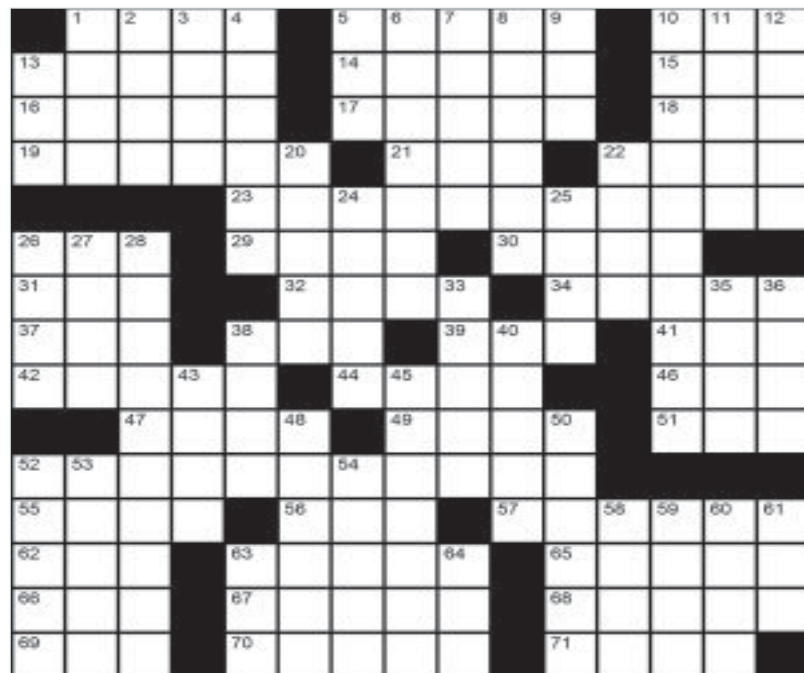
Crossword: Canada Across and Down

Across

1. Bell's loud ring
5. Fab Four's famous Road
10. Roll of grass
13. Ancient Greek colony
14. Irish writer, James ____
15. 'Fort' finisher (Luck)
16. Montreal's ____ Royal
17. Illegally sell tickets
18. Point
19. Gauge
21. Bambi's aunt
22. Train sound, when repeated
23. "Try Honesty" band: 2 wds.
26. Ms. Simpson, for short
29. Holler!
30. Curved music symbol
31. Aunt's li'l husband
32. Horse's pace
34. Recounts
37. Ski-____
38. Jewel
39. Filmmaker, John ____
41. Archery skill
42. Computer chip company
44. Aid and ____
46. Modern
47. Really mad
49. Pro ____ (In proportion)
51. Made a hole in the ground
52. Canadian fashion journalist born in Toronto: 2 wds.
55. City, in Latin
56. 'M' of PM, for short
57. The ____ Family (Celtic music group)
62. Writer Mr. Levin
63. Blue Rodeo singer Jim
65. Dutch cheese
66. Defraud
67. Nymph of Greek mythology
68. Ms. Winfrey
69. Antlered animal
70. Actor Sean's surnamesakes
71. Profits

Down

1. Jeers
2. Burden

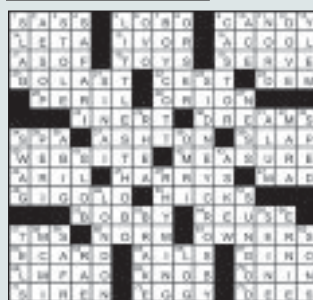


3. Kate Hudson movie musical
4. F. Scott Fitzgerald novel, The Great ____
5. Mr. McLean's of the Backstreet Boys
6. "The Prayer" duo: Celine Dion & Andrea ____
7. "Not ____ stretch of the imagination."
8. Acclamations
9. "Uh-huh."
10. Donald or Kiefer
11. Tears-inducer
12. The Home ____
13. The Monkees hit: " ____

- Believer"
20. Warfare attack
22. Hint
24. Animal of The Andes
25. ____ sax
26. Dame ____ Dench
27. 'Phenom' ending
28. Financial institution founded in Halifax in 1832
33. Fine-tune
35. Stead
36. City haze
38. Type of valley
40. Sea ____ (Cute mammal)
43. Sea eagles [var. sp.]

45. Actor Mr. Fraser
48. Bashful
50. Catherine of ____ (King Henry VIII's first wife)
52. Orange ____
53. Film legend Mr. Flynn
54. Vice President Joe ____
58. Negative reply
59. Mr. Russell
60. Filmmaker Ms. Lupino, and others
61. "Uh-uh."
63. Crime fighter
64. Li'l length units

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Sharability



easy

hard

Lost?



We can help
you find your
passion.

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Found!



Rewarding Careers for Graduates.

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